Course Syllabus

<u>Course by naous</u>
!. Instructor Information
Instructor:
Office Location:
Phone Numbers:
Email Address:
Email Address:
Office Hours:

I. General Course Description

This one credit course will develop individual physical soccer skills, fitness, and offensive / defensive team play. This includes techniques in ball handling, passing, shooting, dribbling as well as offensive and defensive techniques. Students will concentrate on activities that will result in higher levels of play, which will improve overall physical condition and enhance sport performance. Each student will participate in individual and group activities that will reinforce relevant topics. Students will also gain knowledge of the rules and team game strategies. No prerequisites are required.

II. Course Outcomes

The purpose of this course is to provide the student opportunities to learn and develop appropriate individual and team soccer skills, enhance overall fitness, and gain an understanding of the rules of soccer. Specifically, the students will:

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- acquire and apply appropriate rules and tactical information, which will enable him/her to participate in a soccer game successfully,
- demonstrate basic technical skills including dribbling, passing, receiving, ball control, goal-keeping, and shooting,
- understand and apply team offensive and defensive schemes,
- enhance fitness such that the student will be able to participate safely and successfully without undo fatigue and injury,
- successfully and appropriately critique peers while providing constructive feedback to enhance performance,
- demonstrate appropriate writing ability while critiquing professional soccer games,
- demonstrate knowledge of how 2v2, 3v3, 4v4, & 6v6 concepts are integral to the development of the 11v11 concept,
- perform basic 1v1 offensive Coerver moves to beat an opponent,
- demonstrate understanding of basic fitness and nutrition principles as they relate to sports performance and overall lifelong well-being.

III. Text and Supplies (IMPORTANT!!!)

No text is required. However, handouts will be distributed as appropriate and students will be required to keep an organized binder with this information included and bring it to each class session. Students will also access some information online via Blackboard and on the web for information related to soccer. Students may also be required to watch games online or videos related to course content.

IV. Grading

A. Requirements

Students must be dressed for participation in accordance with the department policy. This includes appropriate athletic shoes that do not damage or scuff the floor, socks, athletic shorts,

and a t-shirt. Students are not permitted to wear open toe shoes, any jewelry, belts, shoes that may damage the floor, or the same clothes that will be worn in another subsequent class. Students may bring a sweat towel and are permitted to shower after class in locker-rooms. (Do not leave items in the locker room even if locked.)

All students must complete the waiver of liability and health questionnaire in order to remain in the course. Students must also be physically able to participate in daily physical activities related to soccer and fitness. Any chronic condition or injury that prohibits active participation in the course is reason for dropping the course. Students should notify the instructor of existing injuries or serious injuries of the past that may influence participation as well as health conditions that arise during the semester.

Students will be required to have a 3 ring binder to help organize their notes and handouts and **must** bring this notebook to each class session. Several random notebook checks by the instructor will take place through-out the semester at the beginning of class and are worth 50 points each.

Students will need access to the internet to locate information on Blackboard, which will supplement the course and other information online as appropriate.

B. Course Grade

Midterm Exam: 100 points Final Exam: 100 points

Attendance and Participation: 300 points (30 classes x 10 points each) Oral / Written Quizzes: 100 points (10 x 10 points each) Homework Assignments: 100 points (10 x 10 points each)

Notebook: 100 points (notes, handouts, homework) (2 x 50 points

each)

Skills Test: 100 points (5 x 20 points each)

Current Events Assignment: 100 points

Midterm

The Midterm includes all information covered from Week 1 thru Week7. This includes basic skills, rules, and health and fitness information.

Final Exam

The Final Exam includes all information covered from Week 8 thru Week14. This includes basic nutrition principles related to sport and team strategies.

Attendance and Participation

Students will be given a daily participation score between 0-10 points and can earn 10 points if dressed appropriately, on time, and participate fully. Students lose 5 points if they arrive late or are not dressed by 10:05 AM. Students must be dressed for class before entering the gym and may not dress in the gym at any time.

Ouizzes

Students will take written and oral quizzes randomly throughout the semester. Each quiz is worth 10 points and only the best 10 scores will be counted towards the final course grade.

Assignments

Students may complete up to 7 assignments at 10 points each and the best 5 scores will be counted. The signature assignment will count as 50 points and include information on all other completed assignments. All homework should be typed and stapled!! Students should be careful to check spelling and grammar as points are deducted for each error.

Skills Test

Students will be graded on skill improvement and ability to implement fundamental skills and strategies in practice and game situations. Each skill / strategy will be worth 20 points for a total of 100 points.

Notebook

Students are required to have 3 ring binder notebooks and they will be checked randomly 3 times over the course of the semester with only two scores counted. Each notebook check is worth 50 points so students should plan to bring their notebook to class each day unless otherwise specified in class.

Scores are based on notes taken and included, handouts included, homework, and how items secured in the binder.

V. Classroom Policies

A. Attendance

Attendance is mandatory and all students are expected on time for each session. Your grade is largely based on participation and performance of required activities. If you are not present, your performance cannot be evaluated. Students will be given 5 minutes to get dressed before and after class and should report to the gym no later than 10:05 AM. Students will lose points for arriving late and / or leaving early. Students will be given a daily participation score between 0-10 points and can earn 10 points if dressed appropriately, on time, and participate fully. Excused absences include illnesses verified with a physician note, death of a family member, and documented court appearances. Furthermore, students may be dropped from the course for 3 or more absences, excused or unexcused. Withdrawal from this course is ultimately the responsibility of the student should a student desire to do so.

B. Academic Honesty

All students are expected to achieve their goals with academic honesty. Cheating, plagiarism, and/or others forms of academic dishonesty, examples of which are found in the Student Code of Conduct, will not be tolerated. Grade sanctions may range from an "F" on the assignment in which the dishonesty occurs, to an "F" on a portion of the course grade to a maximum sanction of an "F" in the course.

C. Standards

Student will be graded on a combination of factors including daily participation, warm up and cool down, out of class assignments, exams, and regular attendance. Students who are late for class, not dressed to participate, or not participating appropriately with the other students will lose points in this portion of their grade. Students dismissed for class for cursing, or inappropriate behavior (taunting, arguing calls, dangerous play, etc...) will receive a zero for that day. Any subsequent breach of appropriate behavior will result in dismissal from the course and could potentially involve security and /or the Dean.

D. Electronic Device Usage

Cell phones are NOT permitted to be used in class. Text messaging is considered cell phone use. Any student caught using a cell phone or other electronic device during class will receive a zero for that day and for all activities during that class session. Students using a cell phone during class will also be asked to leave class for the day.

E. Classroom Conduct

The following Standards of College Behavior appear in the Student Code of Conduct. All students are expected to abide by these guidelines and those in the syllabus and conduct themselves with appropriate behaviors at all times.

- a. The College seeks to provide an environment where discussion and expression of all views relevant to the subject matter of the class are recognized and respected as necessary to the educational process.
- b. Students do not have the right to interfere with the freedom of the faculty to teach or the rights of other students to learn, nor do they have the right to interfere with the ability of staff to provide services to any student.
- c. Faculty and staff set the standards of behavior that are within the guidelines and spirit of the Student Code of Conduct or other College policies for classrooms, events, offices, and areas, by announcing or posting these standards early in the semester.
- d. If a student behaves disruptively in the classroom, an event, an office, or an area after the instructor or staff member has explained the unacceptability of such conduct and the consequences that will result the student may be asked to leave that classroom, event, office, or area for the remainder of the day. This does not restrict the student's right to attend other scheduled classes or appointments.
- e. If the student does not leave, the faculty or staff member may request the assistance of Security.
- f. The faculty or staff member and the student are expected to meet to resolve the issue before the next class session.
- g. The Dean of Student Development or designated instructional Dean of Work Force Development and Continuing Education should be informed verbally or via email about any situation that violates the Student Code of Conduct.
- h. If after a review of the situation and a restatement of the expected behaviors, the student refuses to comply with the stated standards of conduct required, then the faculty or staff member should refer the issue in writing to the Dean of Student Development for action under the Student Code of Conduct.

The instructor reserves the right to remove any student who is disruptive. As a courtesy to others, please turn off and put away all cell phones prior to class and arrive on time.

F. Support Services

A student who may need accommodations due to a disability should make an appointment to see me during my office hours. A letter from Disability Support Services (DSS) authorizing your accommodations will be needed. The DSS office is located in the Counseling Department in the Student Services Building. Students who need special accommodations for quizzes should contact the instructor within the first week of class.

G. Make-up Policy

There are no scheduled make-ups for this class. Students who miss class will not be permitted to make up any missed written or skills, unless the student contacts the instructor 24 hours before the scheduled quiz/exam or can show documentation for an officially excused absence. Graded assignments will be turned in and class work might be completed at the beginning of each class.

H. Late Policy

Three late arrivals to class (from 10:05 to 10:15 AM) are equivalent to one absence. Any student arriving after 10:15 to class will be considered absent during that class. Students arriving late should be non-disruptive, check in with the instructor, and complete their warm-ups and stretching prior to beginning activities with the class. Students lose participation points each time they are late for class. (The professor reserves the right to drop students for chronic tardiness and excessive absences and as defined in the Student Code of Conduct.)

I. Audit Policy

Students auditing the course will be held to the same attendance and assignment standards as for credit students. Auditing students will not take the exams unless they desire to do so.

VI. Additional Information

A. Student Email and Information on Blackboard:

All students should be familiar with Blackboard which is an easy to use online course management system. Here you can find course documents, email your classmates and professor, and take online assessments. All students will use this weekly to complete their work.

- Login to MY MC at http://www.montgomerycollege.edu
- Click on the Bb button at the top right of the page.
- Click on our course: PE 143 Soccer
- Navigate through the course using the menu options on the left in the Control

Panel.

• Please contact IThelpdesk@montgomerycollege.edu or at 240.567.7222 if needed.

B. Armed Services Veterans:

If you are a veteran or on active or reserve status and you are interested in information regarding opportunities, programs and/or services, please visit the Combat2College website at www.montgomerycollege.edu/combat2college/ and/or contact Joanna Starling here at MC at 240-567-7103 or Joanna.starling@montgomerycollege.edu/viaemail.

C. MC is Tobacco Free:

As of August 1st 2008, smoking and smokeless tobacco are now prohibited on any MC property. This includes parking lots and garages and while in a car on these premises.

D. Parking:

Students are encouraged to car-pool, walk, and / or ride their bikes to class when possible. Students should also explore public transportation opportunities as the Rideon Bus is free for MC students.

NOTE: Students are not permitted to park in the faculty lots ast nay time.